

# March

2019

## Breakfast

				1 Cinnamon Raisin Bagel w/ cream cheese Fruit Variety Choice of Milk
4 	5 Double Chocolate Oatmeal Bar Grahams Bug Bites Fruit Variety Choice of Milk	6 Banana Muffin Cocoa Puff Cereal Bar Fruit Variety Choice of Milk	7 Breakfast Bun Fruit Variety Choice of Milk	8 Yogurt Cup w/ Granola Fruit Variety Choice of Milk
11	12	13	14	15
				
18 Cocoa Puff Cereal Fruit Variety Choice of Milk	19 Breakfast Donut Fruit Variety Choice of Milk	20 Apple Jacks String Cheese Fruit Variety Choice of Milk	21 Blueberry Muffin Grahams Bug Bites Fruit Variety Choice of Milk	22 Cinnamon Raisin Bagel w/ cream cheese Fruit Variety Choice of Milk
25 Cinnamon Toast Cereal Fruit Variety Choice of Milk	26 Double Chocolate Oatmeal Bar Grahams Bug Bites Fruit Variety Choice of Milk	27 Banana Muffin Cocoa Puff Cereal Bar Fruit Variety Choice of Milk	28 Breakfast Bun Fruit Variety Choice of Milk	29 Yogurt Cup w/ Granola Fruit Variety Choice of Milk



# Northwest Catering

Taking Nutrition to A Tasty Level!

Make sure to take your milk, the choice is yours

1 % White or Fat Free Chocolate

\*\*Menu is Subject to change\*\*

\*\*This Institution is an equal opportunity provider\*\*

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2019

## Prek-Breakfast

				1 Cinnamon Raisin Bagel w/ cream cheese Fruit Variety Milk
4 	5 Double Chocolate Oatmeal Bar Fruit Variety Milk	6 Banana Muffin Fruit Variety Milk	7 Breakfast Bun Fruit Variety Milk	8 Yogurt Cup w/ Granola Fruit Variety Milk
11	12	13	14	15
				
18 Cocoa Puff Cereal Fruit variety Choice of Milk	19 Breakfast Donut Fruit Variety Milk	20 Apple Jacks String Cheese Fruit Variety Milk	21 Blueberry Muffin Grahams Bug Bites Fruit Variety Milk	22 Cinnamon Raisin Bagel w/ cream cheese Fruit Variety Milk
25 Cinnamon Toast Cereal Fruit Variety Milk	26 Double Chocolate Oatmeal Bar Fruit Variety Milk	27 Banana Muffin Fruit Variety Milk	28 Breakfast Bun Fruit Variety Milk	29 Yogurt Cup w/ Granola Fruit Variety Milk



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## Lunch Pre-K

				1 Cheese Pizza Sliced Carrots Mixed Veggies Fruit Variety Milk
4 	5 BBQ Chicken Sandwich Tasty Tots Green Beans Ketchup Fruit Variety Milk	6 Turkey Dog Steamed Broccoli Ketchup/Mustard Fruit Variety Milk	7 Popcorn Chicken Baked Veggie Beans Ketchup Fruit Variety Milk	8 Cheese Pizza Sliced Carrots Mixed Veggies Fruit Variety Milk
11	12	13	14	15
				
18 Cheeseburger Pickle Ketchup Fruit Variety Milk	19 Chicken Nuggets over White Rice Veggie Baked Beans Ketchup Fruit Variety Milk	20 Taco Salad w/ ground Turkey Green Peas Fruit Variety Milk	21 Chicken Fingers Steamed Broccoli Ketchup Fruit Variety Milk	22 Cheese Pizza Sliced Carrots Mixed Veggies Fruit Variety Milk
25 Hamburger Tasty Tots Pickles Ketchup Fruit Variety Milk	26 Chicken Fajitas Steamed Broccoli Fruit Variety Milk	27 Chicken Sandwich Veggie Baked Beans Fruit Variety Milk	28 Spaghetti & Meatballs Green Beans Carrot Coins Fruit Variety Milk	29 Cheese Pizza Sliced Carrots Mixed Veggies Fruit Variety Milk



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## Lunch

				1 Cheese Pizza Sliced Carrots Mixed Veggies Fruit Variety Milk
4 	5 BBQ Chicken Sandwich Tasty Tots Green Beans Ketchup Fruit Variety Choice of Milk	6 Turkey Dog Steamed Broccoli French Fries Ketchup/Mustard Fruit Variety Choice of Milk	7 Popcorn Chicken Baked Veggie Beans Cherry Tomatoes Ketchup Fruit Variety Choice of Milk	8 Cheese Pizza Sliced Carrots Mixed Veggies Fruit Variety Choice of Milk
11	12	13	14	15
				
18 Cheeseburger French fries Pickle Ketchup Fruit Variety Choice of Milk	19 Chicken Nuggets over White Rice Veggie Baked Beans Baby Carrots Ketchup Fruit Variety Choice of Milk	20 Taco Salad w/ ground Turkey Green Peas Chocolate Chip Cookie Fruit Variety Choice of Milk	21 Chicken Fingers Steamed Broccoli Tasty Tots Ketchup Fruit Variety Choice of Milk	22 Cheese Pizza Sliced Carrots Mixed Veggies Fruit Variety Choice of Milk
25 Hamburger Tasty Tots Pickles Ketchup Fruit Variety Choice of Milk	26 Chicken Fajitas Steamed Broccoli Chocolate Chip Cookie Fruit Variety Choice of Milk	27 Chicken Sandwich Veggie Baked Beans Salad Mix Fruit Variety Choice of Milk	28 Spaghetti & Meatballs Green Beans Carrot Coins Fruit Variety Choice of Milk	29 Cheese Pizza Sliced Carrots Mixed Veggies Fruit Variety Milk



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## Lunch High School

		<p><b>**This Institution is an equal opportunity provider**</b></p>		<p>1</p> <ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Stuffed Breadstick w/ Marinara Sauce</li> <li>Sliced Carrots</li> <li>Mixed Veggies</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>	
<p><b>**Menu is Subject to change**</b></p>		<p><b>Make sure to take your milk, the choice is yours</b></p> <p><b>1 % White or Fat Free Chocolate</b></p>			
4		5	<ul style="list-style-type: none"> <li>BBQ Chicken Sandwich</li> <li>Grilled Cheese Tasty Tots</li> <li>Green Beans Ketchup</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>	6	<ul style="list-style-type: none"> <li>Turkey Dog</li> <li>Mac &amp; Cheese Steamed Broccoli</li> <li>French Fries</li> <li>Ketchup/Mustard</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>
		7	<ul style="list-style-type: none"> <li>Popcorn Chicken</li> <li>Breakfast for Lunch</li> <li>Baked Veggie Beans</li> <li>Cherry Tomatoes Ketchup</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>	8	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Stuffed Breadstick w/ Marinara Sauce</li> <li>Sliced Carrots</li> <li>Mixed Veggies</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>
11					15
18	<ul style="list-style-type: none"> <li>Cheeseburger</li> <li>Lasagna</li> <li>French fries</li> <li>Pickle</li> <li>Ketchup</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>	19	<ul style="list-style-type: none"> <li>Chicken Nuggets over White Rice</li> <li>Mini Corndogs</li> <li>Veggie Baked Beans</li> <li>Baby Carrots</li> <li>Ketchup</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>	20	<ul style="list-style-type: none"> <li>Taco Salad w/ ground Turkey</li> <li>Chicken Alfredo</li> <li>Corn Niblets</li> <li>Chocolate Chip</li> <li>Cookie</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>
		21	<ul style="list-style-type: none"> <li>Chicken Fingers</li> <li>Spaghetti &amp; Meatballs</li> <li>Steamed Broccoli</li> <li>Tasty Tots</li> <li>Ketchup</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>	22	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Stuffed Breadstick w/ Marinara Sauce</li> <li>Sliced Carrots</li> <li>Mixed Veggies</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>
25	<ul style="list-style-type: none"> <li>Hamburger</li> <li>BBQ Chicken Wrap</li> <li>Tasty Tots</li> <li>Pickles</li> <li>Ketchup</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>	26	<ul style="list-style-type: none"> <li>Chicken Fajitas</li> <li>Lasagna</li> <li>Steamed Broccoli</li> <li>French Fries</li> <li>Chocolate Chip</li> <li>Cookie</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>	27	<ul style="list-style-type: none"> <li>Chicken Sandwich</li> <li>Nachos</li> <li>Veggie Baked Beans</li> <li>Salad Mix</li> <li>Cherry Tomatoes</li> <li>Ketchup</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>
		28	<ul style="list-style-type: none"> <li>Spaghetti &amp; Meatballs</li> <li>Mini Corndogs</li> <li>Green Beans</li> <li>Carrot Coins</li> <li>Sun Chips</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>	29	<ul style="list-style-type: none"> <li>Cheese Pizza</li> <li>Stuffed Breadstick w/ Marinara Sauce</li> <li>Sliced Carrots</li> <li>Mixed Veggies</li> <li>Fruit Variety</li> <li>Choice of Milk</li> </ul>



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# March Snack

				1 Animal Craker Fresh Orange Apple Juice
4 	5 Elf Grahams Cracker Fresh Orange Apple Juice	6 Sun Chips Fresh Apple	7 Scooby Doo Grahams Craisins Apple Juice	8 Chocolate Gripz Fresh Banana Orange Juice
11	12	13	14	15
				
18 Blueberry Muffin Apple	19 Honey Granola Bar Raisins Apple Juice	20 Cheez- Its Fresh Banana Orange Juice	21 Banana Muffin Fresh Apple	22 Animal Craker Fresh Orange Apple Juice
25 Baked Goldfish Crackers Craisins Orange Juice	26 Elf Grahams Cracker Fresh Orange Apple Juice	27 Sun Chips Fresh Apple	28 Scooby Doo Grahams Craisins Apple Juice	29 Chocolate Gripz Fresh Banana Orange Juice



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